



TO: THE HEAD OF INSTITUTIONS

DATE: 20 FEBRUARY 2016

Dear Sir/ Madam,

RE: LIFESAVING SURVIVAL SCHEMES AWARD AND PROGRESSIVE NATIONAL SWIMMING SCHEMES AWARDS

We would like to promote and encourage the teaching, testing, assessment and certification of lifesaving survival schemes and progressive swimming awards in schools and other institutions with or without aquatic facilities, we also want teachers, coaches in clubs to include lifesaving survival schemes activities or form lifesaving clubs. The survival schemes skills awards for schools are into four categories:

Category One is the National Medallion Awards starting from 1. Bronze Award, 2. Silver Award, 3. Gold Award and 4. Platinum/Honours Award.

Category Two is the National Progressive swimming Award from level one to level ten: 1. Tadpole one badge, 2. Tadpole two badge, 3. minnow Badge, 4. Fish Badge 5. Flying Fish Badge, 6. Dolphin Badge, 7. Shark Badge, 8. Porpoise Badge, 9. Swordfish badge, 10. Whale Badge

Category Three is the National Swimming Teacher Distance Award from 25m to 1500m, level 1 25m, Level 2. 50M, Level 3 100M, Level 4 200M, Level 5 400M, Level 6 800M and Level 7 1,500M

Category Four is the International Lifesaving Award-International ILS junior lifesaver, international ILS Lifesaver and RLSS Commonwealth Bronze Medallion.

Charges are Kshs. 2000 per student per award that covers examination fees, certification fees and the badge/medal. The training will be conducted by Lifesaving Africa Rescuers Instructors.

Charges are Kshs. 2,000 per month per student twice a week on 2 hour session totalling to 8 hours. We are requesting and encouraging schools to teach these lifesaving skills to students and award them with various awards at the same time promoting water safety and lifesaving competitions. We have developed a national lifesaving and swimming training syllabus copies together by Kenya lifesaving federation.

NB: All Students will be examined and Certified by Kenya Lifesaving Federation under the New standard KS 2595 that requires every institution practising lifesaving to hold their certificates. Africa Lifesaving Rescuers are members of KLF whereby we follow their new and improved lifesaving skills from International Lifesaving Federation.

We appeal to you to move into a new era of fostering co-operation, collaboration and build partnership complimenting each other as this paradigm shift will go a long way in the promotion of water safety, an overall lifesaving development in Kenya. Via joint involvement and partnership, we can develop necessary interventions to reduce drowning mortality with increased knowledge on rescue skills, while at the same time promote healthy lifestyle and responsible citizens.

With kind regards,

SAMUEL THIANGA
DIRECTOR